

## 26<sup>th</sup> Annual Conference Schedule and Objectives

### Thursday, April 24<sup>th</sup>

7:30-8:00AM	Registration, Visit with Sponsors, Breakfast
8:00-10:00AM	<p><b>*Keynote Presentation*</b>  <i>Rose L Horton MSM, RNC-OB, NEA-BC</i>            Title &amp; Objectives to be released soon!</p>
10:00-10:30AM	Break, Visit with Sponsors
10:30-11:30AM	<p><b>Healing Conversations: Nurse-Led Postpartum Debriefing to Improve Maternal Outcomes</b>  <i>Nicole Stecker MN, RN, IBCLC, LCCE</i>            Discuss the prevalence of childbirth trauma and its implications for maternal mortality. Recognize and assess postpartum patients at high risk for birth trauma. Explore effective nursing interventions and support mechanisms for addressing childbirth trauma.</p>
11:30-12:30PM	Lunch, Visit with Sponsors
12:30-2:00PM	<p><b>Perinatal Diabetes: Diagnosis, Management, and Life-course Impacts</b>  <i>Sarah Wernimont MD, PhD</i>            Review pathophysiology of Diabetes in Pregnancy. Develop goals of diabetes management in pregnancy. Recognize signs and symptoms of diabetic ketoacidosis in pregnancy. Describe lifelong impact of diabetes in pregnancy.</p> <p><b>Diabetes in Pregnancy: Implications for Nursing Education and Patient Care</b>  <i>Hailey Muench MSN, RNC-OB</i>            Identify evidence-based strategies for integrating nursing education into clinical practice for managing diabetes in pregnancy. Apply best clinical practices for the management of diabetes across the perinatal care continuum.</p>
2:00-2:30PM	Break, Visit with Sponsors
2:30-3:30PM	<p><b>Keeping Babies Sweet: The Ups and Downs of Hypoglycemia in the Newborn</b>  <i>Jane Sublette MS, APRN, CNP, CNM, WHNP-BC</i>            Describe glucose homeostasis in the newborn versus the fetus. Explain the risk factors and symptoms of hypoglycemia in the newborn. List the immediate and long-term impacts of hypoglycemia in the newborn. Discuss approaches for surveillance and treatment of hypoglycemia in the term and late preterm newborn.</p>
3:30-4:30PM	<p><b>Fatwa for PDM: Talking with Islamic Families about Pasteurized Human Donor Milk</b>  <i>Linda H Dech MPH, IBCLC</i>  <i>Munira Maalimisaq NP-F, DNP-c, MBS-c</i>            Describe the findings from the Somali and African American focus group perinatal experiences study. Explain the development of a community-based collaboration that addressed the use of pasteurized human donor milk in hospital NICUs with leaders of the Islamic faith. Describe the outcomes of the collaboration leading to what is believed to be the first fatwa in the US regarding the use of pasteurized human donor milk for Muslim families. List education resources available to Muslim families and health care providers about the use of pasteurized human donor milk. Identify ways to talk to Muslim families and address questions and concerns about the use of pasteurized human donor milk.</p>
4:30PM	Closing, Door prizes

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### Friday, April 25<sup>th</sup>

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Poster presentations are original and pertain to completed clinical education, leadership change, or evidence-based practice projects related to women's health, obstetric and/or neonatal practice, education, or administration. Each poster has specific, individualized objectives and presenters will be available for questions and discussion.

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7:30-8:00AM	Registration, Breakfast, Posters
8:00-9:00AM	<p><b>Perinatal SUD- What Maternal Mortality Cases can teach us about caring for families with SUD</b>  <i>Jennifer Almanza DNP, APRN, CNM</i>  <i>Rachael McGraw DNP, RN</i>            Identify opportunities along the care continuum where there are opportunities to improve care for families with substance use disorder (SUD). Identify role-specific, evidence-based interventions for childbearing families with SUD. Describe a culturally responsive, trauma informed approach to providing care for families with SUD.</p>
9:00-10:00AM	<p><b>Birth Justice Collaborative Overview and Lessons to Date</b>  <i>Shashana Skippingday CPE, ILC</i>  <i>Corenia Smith LPN</i>  <u>Enhancing Maternal &amp; Child Health Outcomes:</u> Explore how embedding culturally centered, community-driven solutions can significantly improve maternal and child health outcomes in underserved communities. <u>Fostering Cross-Cultural Alliances:</u> Gain practical tools and insights to promote community-led collective action, including strategies for building strategic alliances across cultures and collaborating with government entities and healthcare systems to sustain impactful maternal health initiatives. <u>Integrating Cultural Wisdom in Healthcare:</u> Identify the transformative role of cultural strength and ancestral wisdom in healthcare practices, recognizing these elements as essential to fostering health pregnancies, births, and postpartum experiences in diverse communities.</p>
10:00-10:30AM	Break, Posters
10:30-11:30AM	<p><b>From Grief to Hope: Supporting Families Through Perinatal Loss</b>  <i>Jenny Burgers BSN, RN</i>            Objectives to be released soon!</p>
11:30-12:15PM	<p><b>Syphilis Prevention and Treatment</b>  <i>Stephen Contag MD</i>            Define the condition and the affected population. Discuss intervention, team participants, and respective roles. Describe ways to improve outcomes for patients and families.</p>
12:15-1:15PM	Lunch, View Posters
1:15-2:00PM	<p><b>Postpartum Urinary Retention (PPUR) Management Guidelines</b>  <i>Marika Vukomanovich DNP, RNC-OB, C-ONQS</i>            Upon completion of this presentation, participants will be better prepared to proactively identify, manage, and prevent complications related to postpartum urinary retention, improving patient care and outcomes. Objectives: Identify risk factors for developing PPUR, including prolonged labor, epidural anesthesia, instrumental delivery, medications received during labor, or a history of urinary retention. Review guidelines for routine assessment of bladder function post-delivery, including monitoring for complete bladder emptying and the use of bladder scanners when necessary, emphasizing timely assessment of urinary output, especially during the early postpartum period, to detect any signs of retention. List non-invasive strategies and techniques for managing PPUR such as encouraging frequent</p>



MN Section

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voiding, promoting ambulation, and maintaining adequate fluid intake to facilitate bladder function, as well as use of essential oils, warm compresses, or running water to help stimulate urination in cases of retention. Verbalize use of a supportive, non-judgmental approach when discussing urinary retention with new mothers, ensuring their comfort and understanding.

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**Revive & Thrive: Empowering Nurses to Combat Compassion Fatigue  
Finding Your Own Path to Empowerment**

*Sherry Tenge, RN, BSN*

2:00-  
3:00PM

Description: Join ConceiveAbilities' expert, Sherry Tenge, for an inspiring and practical session as part of ConceiveAbilities' Empower Nurses Challenge, designed specifically to support experienced nurses in combating compassion fatigue. In the high-pressure environment of healthcare, it's easy for even the most dedicated professionals to feel drained and overwhelmed. This presentation offers evidence-based strategies and actionable insights to help nurses rejuvenate their passion, strengthen their resilience, and maintain the high level of care they provide.

Objectives to be released soon!

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3:00PM

Closing, Door prizes

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